

Our classic is back!
Reserve your place now!



September 5 - 8, 2016

3,5 days TRAINING WORKSHOP IN NARRATIVE EXPOSURE THERAPY (NET)

A treatment for Traumatic Stress Disorder

– from scientific knowledge to clinical (field) work –

9th international training - facilitators include developers of the evidence-based NET

at the uniquely beautiful 

Narrative Exposure Therapy (NET)

Narrative Exposure Therapy (NET) is an evidence-based approach and culturally universal intervention. Given its focus on the autobiographical elaboration of traumatic experiences, NET is particularly suited for populations affected by multiple and continuous traumatic experiences, such as organized violence, torture, war, rape, and childhood abuse. NET has been developed as a standardised short-term approach. Field tests in contexts of ongoing adversity and disaster areas, as well as RCTs in Western clinical settings have shown that four to six 2h sessions can be sufficient to provide considerable relief and reinstate individual functioning, even for individuals who suffer from severe and chronic traumatization. Beyond its focus on healing the wounds of trauma, NET aims to account for the human rights abuses suffered by survivors. The 2016 training goes beyond the core components of classic NET and will include also an introduction to the rehabilitation of Forensic Offenders (FORNET) as well as a module on the theory and practical management of dissociation.

Content and aim of the training workshop

The training will introduce participants in a step-by-step approach, with practical advice and tools, to the application of NET, including how to deal with special issues, such as challenging moments during therapy. The training will involve a combination of lectures, exercises, role plays and demonstrations, focused on the theoretical and practical skill training of the (future) trauma practitioner. Case studies will foster collective learning from real-life situations. A participatory, process oriented approach, based on principles of adult learning will be followed. The workshop will create space for discussion and sharing of participants' own experiences, ideas and knowledge. The beauty and seclusion of the surroundings of the ancient monastery allows for a focussed learning environment for the group as well as opportunities of silent contemplation and reflection for the individual participant.

The seminar will be facilitated by Prof Dr Thomas Elbert, Dr Maggie Schauer, Dr. Elisabeth Kaiser, and possibly other senior members of vivo international with expertise in clinical psychology, especially trauma-spectrum disorders, and public mental health service provision in complex emergencies.

Target participants

NET training is designed for a range of mental health professionals working with clients who have been exposed to traumatic events. We foresee that participants will be interdisciplinary and will come from national and international settings. A maximum of 15 participants are foreseen for this training seminar.

Course Costs

Participants will pay Euro 1000.- for a single and Euro 875.- for a double room at the Eremo, which includes course fee, breakfast and lunch (but not dinner and transportation).

Please note that all participants should arrive Monday afternoon 5th of September ideally already for a pre-conference discussion (which will begin at 2:30pm) and the group and a group life-line exercise (4:30pm). The course ends Thursday afternoon 8th of September at 4pm. It is possible to extend the stay at the Eremo for a surcharge of Euro 180.-/night. Pick-up service from Ancona airport or Castelplanio train station can be provided at a modest price.

Workshop Venue

Eremo dei Frati Bianchi, Via Eremiti 1, 60034 Cupramontana, Ancona, Italy.

Application and Information

Please send your application, as well as any questions concerning the content of the course to:

email: Thomas.Elbert@Uni-Konstanz.de

and inquires for transport and accommodation to:

e-mail: monika@eremo.net